Confidential Curriculum Vitae

YURI TSIRULNIKOV, D.O., M.H.A.

721 NW 125th Street

Seattle, WA 98177

(425) 598-5099

[dr.tsirulnikov@gmail.com](mailto:dr.tsirulnikov@gmail.com)

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# PRESENT POSITIONS

Attending Physician, Pain Medicine & Functional Restoration

Swedish Pain Services, Swedish Edmonds & Swedish First Hill

Seattle, WA

2017 – present

Clinical Peer Reviewer, Utilization Review

Comprehensive Industrial Disability (CID) Management

Seattle, WA

2013 – present

**PAST POSITIONS & EXPERIENCE**

Attending Physician, Pain Management

PeaceHealth Medical Group, St. John Medical Center

Longview, WA

2011 – 2017

Medical Director, Pain Relief and Wellness

PeaceHealth Medical Group, St. John Medical Center

Longview, WA

2014 – 2015

Physician in Private Practice, Pain Management & Anesthesia

Liberty Hospital

Liberty, MO

2008 – 2011

Visiting Assistant Professor, Anesthesia & Pain Management

University of Iowa Hospitals and Clinics (UIHC), Department of Anesthesia

Iowa City, IA

2010 – 2012

Instructor, Basic Anesthesia Training (BAT) for anesthesia residents

University of Iowa Hospitals and Clinics (UIHC), Department of Anesthesia

Iowa City, IA

2006 – 2007

Assistant, Regional Anesthesia Study Center of Iowa (RASCI)

University of Iowa Hospitals and Clinics (UIHC), Department of Anesthesia

Iowa City, IA

2006 – 2007

Research Assistant, Department of Biochemistry

Des Moines University – Osteopathic Medical Center

Des Moines, IA

2000 – 2001

Science Tutor, Student Support Services

Des Moines Area Community College (DMACC)

Des Moines, IA

1996 – 1998

Rehab Attendant, Younker Rehabilitation Center

Iowa Methodist Medical Center

Des Moines, IA

1995 – 1998

# EDUCATION & TRAINING

***POSTDOCTORAL***

Fellowship in Pain Medicine, July 2007 – June 2008

University of California, Los Angeles, CA

UCLA Pain Management Center, Department of Anesthesiology

Residency in Anesthesiology, July 2005 – June 2007

University of Iowa Hospitals and Clinics, Iowa City, IA

Department of Anesthesia

Residency in Anesthesiology, July 2003 – June 2005

Cleveland Clinic Foundation, Cleveland, OH

Division of Anesthesiology and Critical Care Medicine

***MEDICAL SCHOOL***

Doctor of Osteopathic Medicine (DO), May 2003

Des Moines University – Osteopathic Medical Center, Des Moines, IA

College of Osteopathic Medicine and Surgery

***GRADUATE***

Master of Health Care Administration (MHA), May 2002

Des Moines University – Osteopathic Medical Center, Des Moines, IA

College of Health Sciences

***UNDERGRADUATE***

Bachelor of Arts in Biology (BA) – *Summa Cum Laude*, May 1998

Drake University, Des Moines, IA

Associate in Liberal Arts (AA) – *Honors*, December 1996

Des Moines Area Community College, Des Moines, IA

**NATIONAL BOARD CERTIFICATION**

*American Board of Anesthesiology (ABA)*, Anesthesiology

Certificate #: 43556

September 26, 2008

Certified through December 31, 2018

*American Board of Anesthesiology (ABA)*, Pain Management

Certificate #: 43556

September 12, 2009

Certified through December 31, 2019

**STATE MEDICAL LICENSURE (ACTIVE)**

Osteopathic Physician and Surgeon, 2011

*Washington State Department of Health*

Medical License #: OP 60203119

Physician, 2014

*Alaska State Medical Board*

Medical License #: 4248

**CERTIFICATIONS**

Advanced Cardiac Life Support (ACLS)

DEA

# HOSPITAL COMMITTEES

PeaceHealth St. John Medical Center, Bylaw Committee, 2015, 2016

PeaceHealth Medical Group / St. John Medical Center, Clinical Advisory Committee, 2014, 2015

PeaceHealth Medical Group / St. John Medical Center, Revenue Cycle Lead, 2012, 2013, 2014

PeaceHealth Medical Group / St. John Medical Center, Coding Clinician Lead, 2012, 2013

PeaceHealth Medical Group / St. John Medical Center, Cancer Committee, 2011

Liberty Hospital, Pharmacy & Therapeutics Committee, 2008 - 2010

**DISTINCTIONS / HONORS**

Director-at-Large, Washington State Chapter, *American Society of Interventional Pain Physicians (ASIPP)*, 2013 - 2014

Education Chair, *Pain Society of Washington (PSW),* 2011 - 2012

Founding Member, *Pain Society of Washington (PSW)*, 2011

Chair, *American Society of Regional Anesthesia and Pain Medicine (ASRA)*, Resident Section Committee, 2007 - 2008

Newsletter Editor, Chair-Elect, *American Society of Regional Anesthesia and Pain Medicine (ASRA)*, Resident Section Committee, 2006 - 2007

Recipient, Second Place Honors, Student Research Competition,

American *Osteopathic Association (AOA) 2001 Annual Convention and Research Conference*, San Diego, CA, May 2001

Member, *Sigma Sigma Phi*, National Honorary Osteopathic Society, 2000 - 2003

Recipient, *Des Moines University Academic Scholarship* – 2000, 2001, 2002

Recipient, *Des Moines University Research Scholarship* – 2001, 2002

Recipient, *Des Moines University Clinical Excellence Scholarship*, 2002

Recipient, *Drake University Presidential Scholarship* – 1996, 1997

Recipient, *American Mensa Education and Research Foundation Scholarship* x 3 – 1995

# LECTURES

*“Diagnostics: Discography & Injections”*

Pain Society of Oregon, 3rd Annual Spine Symposium (CME)

March 2012, Vancouver, WA

*“Perspectives in Chronic Pain Management”*

American Osteopathic College of Anesthesiologists (AOCA), Annual Conference (CME)

January 2012, Orlando, FL

*“Common Low Back Pain Disorders & Interventional Treatments”*

Liberty Hospital (CME)

April 2009, Liberty, MO

# PRESENTATIONS

*“Right Upper Quadrant Pain; A Mystery Case”* – Morbidity & Mortality Conference

PeaceHealth St. John Medical Center

May 2014, Longview, WA

*“Interventional Pain Management 101”*

PeaceHealth St. John Medical Center

November 2012, Longview, WA

# *"Interventional Pain Management for Diagnosis and Treatment of Common Pain Related Disorders"*

Pain Society of Washington Meeting (CME)

April 2012, Vancouver, WA

*“Chronic Low Back Pain: A Multidisciplinary Panel Discussion”* - Moderator

Pain Society of Washington Meeting (CME)

February 2012, Vancouver, WA

*“Physician Leadership: MetroHealth System of Cleveland”*

Des Moines University – Osteopathic Medical Center

May 2002, Des Moines, IA

*“Physician Leadership in Medical Group Practices; Development of Effective Physician/Administrator Teams”*

Des Moines University – Osteopathic Medical Center

February 2002, Des Moines, IA

*“The Characterization of Variable HSP90 Presentation in Candida Albicans”*

Poster Presentation, American Osteopathic Association (AOA) Annual Convention & Research Conference

October 2001, San Diego, CA

*“*

*Physician Group Practices: What is the Best Size?”*

Des Moines University – Osteopathic Medical Center

November 2000, Des Moines, IA

*“Seamless Health Care: A New Vision of Comprehensive Patient Care to the Geriatric Community of Buena Vista County in Iowa”*

Des Moines University – Osteopathic Medical Center

November 2000, Des Moines, IA

*“Designation of Medically Underserved Populations and Health Professional Shortage Areas”*

Des Moines University – Osteopathic Medical Center

August 2000, Des Moines, IA

# RESEARCH

*Relationship between neck diameter and needle angle and depth of the brachial plexus during placement of continuous cervical paravertebral blocks.* 2007

Faculty Advisors: André Boezaart, M.D., Ph.D., Richard Rosenquist, M.D.,

University of Iowa Hospitals and Clinics, Department of Anesthesia.

*Isolation of heat shock proteins from Candida Albicans and the investigation into the role these proteins may play in the virulence of this fungus.* 2001 - 2003

Faculty Advisor: Edward Burt, Ph.D., Department of Biochemistry

Des Moines University – Osteopathic Medical Center

# Graduate Project / Executive Management Study: *Proposal to Add a Second Open Heart Surgery Room at Iowa Lutheran Hospital in Des Moines, Iowa.* 2001.

# Presented to the Board of Directors of the Iowa Health System (IHS).

# PUBLICATIONS

Burt ET, Daly R, Hoganson D, **Tsirulnikov Y**, Essmann M, Larsen B. The Isolation and Partial Characterization of Hsp90 from Candida Albicans. *Annals of Clinical and Laboratory Science* 2003; 33(1): 86-94.

**Tsirulnikov Y**. Physician Leadership in Medical Group Practices; Developing Effective Physician/Administrator Teams. *Chronicle. Des Moines University – Osteopathic Medical Center*, Spring 2002.

**Tsirulnikov Y**, Wilcox B, Burt ET, Essmann M, Larsen B. The Characterization of Variable HSP90 Presentation in Candida Albicans. *Student Doctor* 2002; 23:25-26 (abstract).

# PROFESSIONAL ORGANIZATIONS

American Society of Anesthesiologists (ASA)

American Society of Regional Anesthesia and Pain Medicine (ASRA)

International Academy of Independent Medical Evaluators (IAIME)

Washington Association of Independent Medical Examiners (WAIME)

World Academy of Pain Medicine Ultrasonography (WAPMU)

Physicians for Responsible Opioid Prescribing (PROP)

**VOLUNTEER EXPERIENCE**

Volunteer

ACT Theater

Seattle, WA

2017 – present

Board Member

American Association of Individual Investors (AAII), Puget Sound Chapter

Seattle, WA

2017 – present

Board Member, Chair - Education Program

American Association of Individual Investors (AAII), Portland Chapter

Portland, OR

2014 – 2016

Physical Therapy Assistant

Ruan Neurological Center, Mercy Hospital Medical Center

Des Moines, IA

1995 – 1996

Physical Therapy Assistant

Younker Rehabilitation Center & Blank’s Children Hospital, Iowa Methodist Hospital

Des Moines, IA

1994 – 1995

# LANGUAGES SPOKEN

# English

Russian

# PERSONAL

# My interests include travel, playing piano, music, various sports activities, cooking, and spending time with family and friends.

**REFERENCES**

Available upon request